

## **Paula Rowe**

Paula is an independent health and social care consultant specialising in training for both staff and clients. Below are some of the training courses that Paula currently provides but can also, tailor make courses depending on the clients needs.

- Client Involvement
- Introduction to learning disability
- Introduction to mental health
- Adults at Risk
- Diversity and Discrimination
- Client Centred Working including planning

Alongside training Paula provides mentoring, coaching and facilitation of action learning sets.

Other areas of work include:

- Housing and support needs assessment
- Service evaluation
- Developing policy and procedure
- Facilitation of team building workshops
- Facilitating strategic planning including setting KPI's

Paula has worked in health and social care for over thirty years, the last fifteen working at a senior operational level. She has worked in both statutory and voluntary organisations that have helped her form excellent partnership working in a variety of settings. She has worked with a variety of client groups including older people, younger people but her area of expertise is learning disability and mental health.

A particular passion for Paula is client involvement working with both clients and staff to ensure that clients are involved at all levels in developing and delivering services.